

**MESCO**<sup>®</sup>  
A TRUST SINCE 1968

*Helping people live a better tomorrow*

# NEWSLETTER

VOLUME 24 - ISSUE 01

JANUARY - 2024

Season's greetings to the readers of MESCO Newsletter!!

What a year it has been at MESCO! Together we were able to accomplish some amazing milestones. None of these could have been possible without your support, so thank you for being an important part of the MESCO family. We appreciate your support & cooperation as always and wish you all the best in the coming New year. The most important milestone was inauguration of **Radiant English School** at Kausa, Mumbra, District Thane.

MESCO team was overjoyed to receive prestigious award and certificate from Nair Hospital on 12<sup>th</sup> Oct 2023 on the occasion of "Donors Gratitude Day" for helping needy patients in their treatment.

We are thrilled to announce that an MoU was signed between MESCO Education Society (MES) and Tech Mahindra Smart Academy for Healthcare on 2<sup>nd</sup> Nov 2023 for conducting paramedical courses at MES VTC in Mumbra.

We are extremely proud to announce that MESCO has started "**Study Centre**" for needy students at Mahim. It was inaugurated on 10<sup>th</sup> Nov 2023.

Our general body meeting was held on 30<sup>th</sup> Sept 2023, it was attended by Patrons, Life members, MESCO and MES team and well-wishers.

We would also like to bring to your notice that the auspicious Month of **Ramadan** is round the corner and in this holy month Muslims around the world give an obligatory donation in the form of **Zakat** which is paid on their annual savings to help those less fortunate and in need of assistance.

**Zakat** is a form of philanthropy, and this act of benevolence is judicially used by MESCO.

Here is the record of how your last year's Donations were used by MESCO for the betterment of society.

## EDUCATION

EAS	626
HCES	265
EA (School)	3031
EA (College)	1253
EA (ITI)	75
EA (STVC)	39
RC Mahim	900

## MEDICAL & ROP

Medical Aid	201
LSMA	282
Dialysis (6 Month)	60
Dialysis (1 Year)	10
Ration Support	453
Sewing Machine	80

Your contribution has gone a long way to improve the quality of life of many individuals and families.

We appeal to you to pass on the message of our work to others in the Society so that they can also contribute towards the good cause and we would be able to assist many more beneficiaries coming to us.

Regards,

**MESCO**

TO DONATE OLD NEWSPAPER & OLD CLOTHES  
E-MAIL US: [mescotrust@mescotrust.org](mailto:mescotrust@mescotrust.org)  
CALL/SMS/WHATSAPP ON OUR DEDICATED  
CONTACT: +91-8291664445

## EDUCATION

● Orientation of Newly inducted EAS students was conducted on 24<sup>th</sup> September 2023. Total 250 students & parents attended the same. Orientation was done by the staff of the Education Department. Mr. Kazim Malik, Lecturer and Career Counselor shared the importance of "Ethics and Values" with students.

● Ms. Shabana Khan conducted the session on "**Mental Health and Motivation**" with the Boys at the De-Addiction Centre in Remand Home organized by Global Care Foundation on 10<sup>th</sup> October 2023.

● "**Aptitude Test**" for the students of Std. X to Std.XII was conducted on 24<sup>th</sup> October 2023 at Anjuman-I-Islam Girls High School, Bandra.



● The inauguration of "**Study Centre**" was held on 10<sup>th</sup> November 2023.

● Ms. Shabana Khan attended 5 Days Intensive Training from 10<sup>th</sup> to 14<sup>th</sup> November 2023 on "**Career Guidance Counseling**" at Delhi organized by CTAG and Human Welfare Foundation.

● A get-together of SSC & HSC students was organized on 14<sup>th</sup> November 2023 at Bandra Boys Junior College, Bandra. The following sessions were conducted "**How to prepare for Exam**" by Mr. Aamir Ansari, Principal Madni High School. "**Scholarship & Documentation**" by Ms. Neha Nurle, Scholarship Expert. "**Mental Health**" by Mr. Rohit, Mr. Javed and Mr. Ganesh, Poddar Foundation.

● Ms. Humera Shaikh conducted an online & offline session on 18<sup>th</sup> November 2023 & 7<sup>th</sup> December 2023 respectively for ECCED students on the topic of "Factors affecting Child Development - Heredity and Environment".



● **Donors-Students Milap Programs** were held on 19<sup>th</sup> November 2023 and 3<sup>rd</sup> December 2023 at Tendulkar Hall, Matunga Road.

● "**UPSC Talk**" was organized at Radiant High School, Mumbra on 27<sup>th</sup> November 2023. The aim of

the program is to enlighten students regarding importance of UPSC and MPSC.

**MESCO NEWS**  
VOLUME 24 - ISSUE 01

**Mr. Moin Tahsildar**, Deputy Secretary, GOM and CEO of Maharashtra State Board of Waqfs shared his valuable thoughts on UPSC and MPSC. **Mr. A.J. Khan**, Retd. Chief Commissioner of Income Tax guided the students on Government Jobs.



● Nirmala Niketan students, in collaboration with Holy Star English Medium School, Malad hosted a session on **“Cognitive Development in Students,”** featuring Ms. Zeenia Pithawala from the Lighthouse - Art and Well-being as the resource person.

● Personality Development Camp for Graduating Girls students was held from 27<sup>th</sup> to 29<sup>th</sup> December 2023 at F.I.A.M.C Biomedical Ethics Centre, St.Pius Campus, Goregaon and for Graduating Boys students from 31<sup>st</sup> December 2023 to 2<sup>nd</sup> January 2024 at Yusuf Meherally Centre, Panvel. The primary aim of this camp is to impart training on soft-skill and inculcate the ethics and values of life.

● This quarter, 432 patients from government hospitals approached MESCO on the first three days of the lottery for medical assistance for their expensive surgeries and cancer treatments under LSMA scheme. Of these, MESCO provided financial assistance to **175** patients under the Life Saving Medical Aid scheme. **63** patients suffering from chronic diseases were provided with monthly medication and **36** patients received support for minor surgeries and diagnostic tests under the Medical Aid scheme. 43 dialysis patients received financial support for their dialysis treatment.

## Forthcoming Event

Date	Event
3rd March 2024	Kidney Day Celebration and Medical Camp

## SUCCESS STORY

### PATEL AAMIR- B. PHARM

Aamir, hailing from a modest family, overcame financial hurdles to excel academically. Despite his parents' challenges, he secured the first rank in his HSC from a Science Junior College. Faced with financial constraints, he sought assistance from MESCO's High Cost Education Scholarship in 2019, completing his B. Pharm with distinction from VIVA Institute of Pharmacy in 2023. Driven to pursue post-graduation, Aamir prepared rigorously for the GPAT, achieving an impressive percentile of 98.47 and an All-India Rank of 957. Participating in a 2022 Personality Development Camp organized by MESCO, he enhanced his interpersonal and communication skills. Currently pursuing M. Pharm in Pharmaceutical Chemistry at Principal K.M. Kundnani College of Pharmacy, Aamir acknowledges MESCO's financial support and emphasizes the pivotal role of consistency, focus, perseverance, and patience in his journey to success. Supported by his parents, he remains dedicated to his educational pursuits.



## GRATITUDE STORY

23-year-old Laxmi was suffering from serious pregnancy-related complications. The complications not only threatened her health but also the well-being of her unborn child, as she had already lost a child due to these complications. Laxmi lived in poverty and could not afford the necessary medical care. She approached MESCO Trust and received financial support for an injection treatment at LTMG Hospital. As the days passed, Laxmi's health improved and her anticipation for a new life grew. Laxmi gave birth to a healthy baby at LTMG Hospital, whose cries signaled the beginning of a new life and the victory of hope over despair. Laxmi, holding her child in her arms, beamed with gratitude and joy. Her story is a reminder that with compassion and helping hands, people like her can rise above their circumstances. MESCO Trust played an important role in transforming Laxmi's life from despair to joy and leaving an indelible mark on her journey to motherhood.



**Laxmi Pal**

## MEDICAL

● MESCO has received a prestigious award and certificate from Nair Hospital for helping needy patients in their treatment on 12<sup>th</sup> October 2023, on the occasion of “Donors Gratitude day”. This recognition by Nair Hospital is a testament to our work.



## CLINICS

● During the quarter, the clinic department provided quality primary healthcare to **4014** patients at Medical-Aid Dispensary, Mumbra and **215** patients at Umair Khopekhar Memorial Physiotherapy Centre. A total of **419** patients received primary care at the Umair Khopekhar Memorial Clinic.

TO DONATE OLD NEWSPAPER & OLD CLOTHES  
E-MAIL US: [mescotrust@mescotrust.org](mailto:mescotrust@mescotrust.org)  
CALL/SMS/WHATSAPP ON OUR DEDICATED  
CONTACT: +91-8291664445

- A free medical check-up camp was organised at Umair Khopekar Memorial Clinic & Physiotherapy Centre on 5<sup>th</sup> November 2023. Free medicines, bone mineral density (BMD) test, random blood sugar (RBS) test and physiotherapy check-up were the highlights of the camp. A total of 123 patients took part in the camp and received free medication after consulting our doctor.
- On 24<sup>th</sup> December 2023, a free medical check-up camp was organised at Medical-Aid Dispensary, Mumbra. Free optometry test, random blood sugar testing (RBS) and blood pressure check-up were the major features of the camp. A total of 121 patients benefited through the camp.

## RELIEF OF POVERTY (ROP)

The Relief of Poverty program remains steadfast in its commitment to address the challenges associated with poverty. Our initiatives, including monthly ration kit distributions and quarterly sewing machine provisions, continue to make a positive impact on hundreds of families in need.

## SEWING MACHINE DISTRIBUTION

Over the past three months, our sewing machine distribution program has shown commendable progress. A total of 237 beneficiaries were registered in previous quarter out of which 50 individuals were selected through a transparent lottery system, which was followed by successful completion of trade tests and personal interviews. These beneficiaries have now received their sewing machines, representing a significant step towards self-sufficiency.

### Details of Beneficiaries Registered and Selected during last Quarter:

Here are the statistics of the beneficiaries registered and selected for the sewing machine distribution program over the course of three months:

MONTH	CASES RECEIVED FOR LOTTERY	SANCTIONED IN LOTTERY	FORMS ISSUED	FORMS RECEIVED
OCTOBER 2023	102	20	20	18
NOVEMBER 2023	67	20	20	16
DECEMBER 2023	68	10	10	10

## RATION SUPPORT SCHEME

Under our Ration Support Scheme, we have distributed dry rations in 10 different areas. We provided ration support to the 34 elderly residents of Kaynaat Old Age Home in Uttan. In December, a total of 453 beneficiaries received ration support. This initiative aims to assist individuals who are unable to fulfill their basic needs by providing them with essential food items. MESCO is dedicated

TO DONATE OLD NEWSPAPER & OLD CLOTHES  
E-MAIL US: [mescotrust@mescotrust.org](mailto:mescotrust@mescotrust.org)  
CALL/SMS/WHATSAPP ON OUR DEDICATED CONTACT: +91-8291664445

toward helping these individuals and providing them with a path towards sustainable livelihoods

- **MESCO distributed Sewing Machines under Daan Utsav Programme** on 8<sup>th</sup> October 2023 at Bandra Boys Urdu High School Bandra (W). MESCO took the lead in distributing 36 sewing machines, valued Rs. 268,128/-, aiming to empower women with stitching skills, particularly those facing economic challenges
- **MESCO distributed Sewing Machine** on 23<sup>rd</sup> December 2023 at Landmark office Mahim West this was a significant initiative unfolded at the Landmark office as a total of 22 sewing machines were distributed to needy women



## R. C. MAHIM MUNICIPAL URDU SCHOOL

- Celebrated Gandhi Jayanti, to revere this day students performed street play (Swachh Bharat Abhiyan), speech & patriotic songs.
- Students of X-std (Girls) attended Breast Cancer Awareness Program on 8<sup>th</sup> October 2023.
- SSC & D.El.Ed students Felicitation program took place on 17<sup>th</sup>



October 2023. Mrs. Aarti Khair (Sec. Superintendent) was guest of honor of the program.

- Children's Day was celebrated.
- Successfully took initiative of Starting Kick Boxing Sessions for the students of STD-VIII & STD-IX.
- Urdu Day was celebrated on 23<sup>rd</sup> December 2023. Mr. Kazi Irfan Ahmed Shamshuddin (Engineer, SWM of G-North Ward) was Chief Guest of the program.
- Subject Wise Expert Lectures were conducted by Team Kawish & Motivational Lecture was delivered by Mr. M. Arif Abdul Wahab Mohimtule (M. A B.Ed, DSM,) for students of SSC Batch 2023.

## MES, CRESCENT ENGLISH HIGH SCHOOL

- On the occasion of Daan Utsav 2<sup>nd</sup> October 2023, Students Anti-Drugs Rally was organized by Secondary & Junior College under the guidance of teaching and non-teaching staff.
- On 23<sup>rd</sup> October 2023 Ms. Ayesha Kazi (UPSC topper – from Kalwa, Thane) was invited to give a guidance lecture and share her experience and journey of her accomplishment.
- On 28<sup>th</sup> October 2023 Ms. Najma Kazi (Vice President MES) conducted workshop on questioning skills for Crescent & Radiant teachers at Radiant English High School. She also highlighted an Overview of Educational Regulatory System and updated the teachers on the same.

On 2<sup>nd</sup> November 2023 A workshop on Emotional Wellbeing was conducted by Ms. Sadiya Qureishi, School Counsellor for both Radiant School & Crescent School Staff. The workshop emphasized on the emotional wellbeing of the teachers. Addressing the challenges that teachers face is essential for maintaining a positive work environment. Factors such as workload, administrative support, and recognition significantly impact their emotional health.

## MES, RADIANT ENGLISH HIGH SCHOOL & JR. COLLEGE

- Felicitation of India's Heroes - (The Rat Hole Miners who rescued 41 workers), was held on 13<sup>th</sup> December 2023 at MESCO Education Society's Radiant English High School in Mumbra.
- Annual Sports Day for Primary Section Girls, held on 22<sup>nd</sup> December 2023. Mr. JP Singh (Senior most AIFF Match Commissioner Since 2002 Ex-International FIFA football Referee), graced the Function as Chief Guest.



## MES, ANGELS' PARADISE NURSERY SCHOOLS

- Field Trip for Nursery School Students was held on 10<sup>th</sup> October 2023. Children were taken for Field Trip to Vegetable Market, Fish Market, Junction, Police Station, Railway Station, Bus Depot Garden etc. along with the teachers, helpers & Parents.
- Nursery Schools staff attended online workshop on 26<sup>th</sup> November 2023 on the Topic of "Fine motor skills before pre writing skills" was conducted by Tejaswi Kamble and Dr. Harshawada Uchil. The session was recommended by Mr Niyaz Nakhwa.
- On 14<sup>th</sup> December 2023, a session on "Parenting" was taken by Nirmala Niketan Students at MES Angels' Paradise Nursery School Bandra.
- On 18<sup>th</sup> December 2023 Nirmala Niketan students organized Bal Anand Mela for the students of MES Angels' Paradise Nursery School Bandra West. Ms Rani also arranged for goody bags sponsored by her friend Ms Devika for the students of MES Angels Paradise Nursery School Bandra.
- On 21<sup>st</sup> December 2023 dramatization on Winter Season was done in all the Nursery Schools.
- On 22<sup>nd</sup> December 2023 Christmas Party was arranged in all the Nursery Schools.

## MES, VOCATIONAL TRAINING CENTRE

A MoU was signed between MESCO Education Society and Tech Mahindra Smart Academy for Healthcare on 2<sup>nd</sup> November 2023 for conducting paramedical courses at MESCO Education Society's Vocational Training Centre in Kausa Mumbra. The courses will be conducted at Radiant School, Mumbra.

The following Para Medical Courses will be conducted:

- 1) General Duty Assistant Course.
- 2) Phlebotomy Technician (Blood Sample Collection).
- 3) Hospital Front Office & Billing Executive.

All the courses are of 6 months duration.

GDA and Phlebotomy Courses will be certified by Healthcare Sector Skill Council and HFO & BE course will be certified by TechMahindra Foundation.

## HOW YOU CAN HELP US

- **INR 700/- Single Dialysis** cost for Kidney Failure patient.
- **INR 50,000/-** Sponsor a Dialysis patient for their 6 months dialysis cost (**6 months dialysis support scheme**).
- **INR 15,000/-** Enables us to support a patient for their diagnostic tests and monthly medicines for their chronic illness. (**MA**).
- **INR 30,000/-** Enables us to support a patient for their life saving high cost surgeries and treatments. (**LSMA**).
- **INR 8,000/-** a year will cover a child's School/College fees Educational Aid (**EA**).
- **INR 9,000/-** enable us to provide a **Sewing Machine** to a destitute women in order to make her self reliant.
- **INR 28,000/-** provides **dry Ration** to widow and her family for a whole year.
- **INR 25,000/-** per year helps a meritorious child to continue his/her education under Education Adoption Scheme (**EAS**).
- **INR 50,000/-** a year ensures professional education for a meritorious student under High Cost Education Scholarship (**HCES**).
- **INR 6,000/-** a year to sponsor a **Nursery Child**.
- **INR 1,60,000/-** a year, would sponsor a **Nursery School** in a poor locality.

## DONATE YOUR ZAKAT TO MESCO



Your Donation is exempted from IT under Section 80-G  
Donations from FOREIGN NATIONALS i.e. Non-Indian Passport holders are accepted in FCRA Account.  
Indian donors can donate online through our website  
SBI Connect and CC Avenue

All contributions to MESCO & MES may be made by Crossed Cheque/DD/Money Order Drawn in favour of "Modern Educational Social & Cultural Organization" and "MESCO Education Society" respectively.

### REGISTERED ADDRESS:

110, Natalwala Building, V.S. Marg, Mahim, Mumbai - 400 016  
Tel.: 022-31611465/24441442/24448637

Email: [mescotrust@mescotrust.org](mailto:mescotrust@mescotrust.org) Website: [www.mescotrust.org](http://www.mescotrust.org)

Office Timings: Monday to Saturday 9 am to 5 pm

Edited By: Ms. Humera Shaikh  
(Education Counsellor, MESCO)  
Designed By: Shaikh Mohd Muzaffar Alam  
(Admin. Assistant, MESCO)

